

Woman's Page

Summer Hints for the Baby's Welfare—Little Ones Often Suffer More From Heat Than Any One in House—Baby Should Sleep Alone—Don't Overfeed During Hot Weather—If a Baby Is Worth Having It Is Worth Saving—Serviceable Gift—"Window" and "Frame" Veils—Good for the Teeth—For Tired Feet.

HINTS FOR BABY'S WELFARE

Perhaps the one person in the home who suffers the very most from the hot weather is the baby. When the thermometer is 80 or 90 in the shade it isn't easy to keep the little one cool, and he suffers without knowing the why or wherefore of his distress.

It may be next to impossible to keep the baby cool, but this child can always be kept clean, and this will make him cooler and give him a better chance to live through the dreaded "dog days."

To keep the baby cool and clean in summer it should have at least one full bath every day, and oftener during extreme heat. Mothers should remember that the child should never be bathed within an hour after feeding. Bathe first, feed afterward.

After the bath is over dress as lightly as possible. It will be better off stark naked, except for a binder some hours a day during the extreme hot weather when indoors. But keep the child in the open air as much as you can between sunrise and sunset, avoiding the outdoors only in the great heat of midday. The outdoor air—even of the streets, if a park is not near at hand—is fresher and better than the air in a great many houses.

Fresh air is the breath of life in a baby's nostrils. Take it or send it to the parks, on the open squares or to the beaches as often as you can.

In the changeable summer climate of this city care must be taken against sudden chilling. A thin, soft flannel binder, wound two or three times around the body, will do more to guard against this chilling than the ordinary full dress of frock, vest, skirts, socks, etc.

This binder should only be wide enough to cover the stomach, and should be wound around the little body smooth and free from creases or folds and fitted with a few stitches of soft darning cotton—not pins.

Of course every mother knows that her baby should have a bed or crib to itself, especially during hot weather. Sleeping with its mother is decidedly injurious to the little one, not only from the standpoint that its rest is disturbed by lying against a hot body, but from a physical standpoint as well. Also, when sleeping alone the child is not apt to disturb its mother so much as when sleeping with her.

If the baby should become ill after all your care do not pour drugs of which you know nothing into a body of which you know less. Call a doctor at once. It will be money and perhaps a little life saved in the end. Don't invest in soothing syrups or other patent medicines which will in all probability do your child more harm than good.

Although the advice given above applies more directly to babies during the first year of life, the same principles can be carried out quite as well with older children.

Don't overfeed the little folks during hot weather, don't let them overfeed themselves, and don't let their diet consist of rich foods, such as red meats, gravies, pastries, cakes, etc. The simpler and plainer the food the better for their health, plenty of milk, whole wheat bread, oatmeal, baked potatoes, baked apples and fresh fruit of all kinds in season. Be sure the fruit is ripe and fresh.

If a baby is worth having it is worth saving, and more than half the babies that die each year during the warm weather could be saved by following the advice given above.

SERVICEABLE GIFT

A very acceptable gift for anyone who expects to take a Summer trip is a washable case or bag, containing two small fine face towels and a washrag.

A very dainty gift can be made of these serviceable articles by embroidering the case in a cross-stitch pattern of rose in two shades of pink and green. Embroider the towels to match and make a crocheted washrag of pink and white. If preferred the small towel and case can be embroidered in solid satin stitch, using pink and white mercerized floss and then the whole scheme would be pink and white, a combination that is always good.

"WINDOW" AND "FRAME" VEILS

Nowadays the fair motorist views the landscape through a window even though she tours in an open car, for the newest thing in veils has an inset of fine meshed lace placed at the center of its length. This casement, reinforced at the edges so that it shall not tear away from the chiffon or marquisette of the veil proper, comes in front of the eyes only while the tip of the nose, the cheeks and

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the chin are protected from sun and dust.

The frame veil gives the woman who will not jeopardize her eyesight by looking through a maze of dots or figures, an opportunity to keep abreast of fashion in veillings. The patterns, starting at the ends of the newest "made" veils, run toward a circle of plain meshing at the center of their length and there form themselves literally into a frame of bow-knots, flowers or scrolls, leaving just enough of the unornamented lace to cover the features between the brow, the chin and the ears. Incidentally the veiling is exceedingly becoming

GOOD FOR THE TEETH

Carbonate of soda is good to use occasionally as a tooth powder, as it prevents decay. A mixture of fine salt and weak vinegar water will cleanse yellow teeth, as will also a paste made of pulverized pumice stone and peroxide of hydrogen lightly rubbed on the teeth. To prevent decay between the teeth, draw dental floss through them every day. This will save you suffering and reduce your dentist bills.

FOR TIED FEET

Nothing helps tired feet more than regular rubbing with vasoline or some other pure fat. Mutton tallow is very good and agrees with every skin. Soldiers grease their feet every night when on the march.

YELLOWSTONE EXCURSION.

Last of the season. Reduced rate "homestead" excursion, leaving Ogden Thursday, August 28. Rate, covering rail, stage and six days accommodations, "Wylie Way," \$45.75. Only tour which gives day at Old Faithful and trip to famous Mammoth Hot Springs. For reservations, address H. H. Hays, 25 West South Temple Street, Salt Lake City. Phone Wasatch 4483. (Advertisement.)

WOMEN'S STYLES ARE CAUSE OF ACCIDENTS

Salt Lake, Aug. 19.—High heels and hobble skirts are blamed for a large proportion of the injuries sustained by women while getting on and off trains in an official announcement issued by the Pennsylvania railroad system. The injuries range from slight contusions to painful sprains and cuts, and according to the reports of the company are becoming more frequent. The announcement, a copy of which was received in Salt Lake City yesterday, was dated August 14 and gave six concrete examples of such accidents that had been reported on the three preceding days.

RESIGNS TO AID HIS OLD FRIEND

Washington, Aug. 18.—To allow Colonel William T. Russell to be promoted to the rank of brigadier general before his retirement on account of age on October 11, General William H. Bixby, chief of engineers of the United States army, resigned and President Wilson appointed Colonel Russell in his place. General Bixby would not have retired until December 11 next, and if he had not voluntarily resigned Colonel Russell would have been retired with only following the advice given above.



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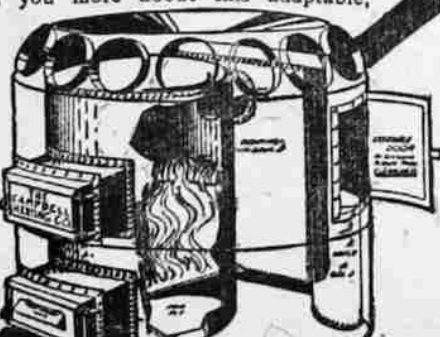
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It burns any and all kinds of fuel by a slow and thorough combustion. The large fire-pot and water reservoir—the big air-chamber and entrance door in jacket—all are vital reasons why the Winter-Chaser insures plenty of warm, clean, moist air throughout the house. Let us tell you more about this adaptable, simple, economical heater which we guarantee. And our Guarantee stands back of every job—a proof of efficient, life-long service.

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the rank of colonel. The two men have been close friends since their cadet days at West Point more than forty years ago.

General Bixby is a native of Massachusetts and is one of this country's foremost authorities on engineering problems. During his forty-four years' service in the engineering corps he has had charge of the federal government's engineering work at Wilmington, Del., Newport, R. I., New York, Cincinnati, Detroit, Chicago and St. Louis. It was only a short time ago that he was made chief of corps.

HUNTERS FIND SAGE HENS ARE NUMEROUS

The sage hen season has opened auspiciously and many chickens are being shot, according to reports made yesterday to the state fish and game commission. The office was also notified of the conviction of two boys at Mantel on the charge of shooting hens just before the season opened. They were fined \$15 each. Four foreigners were arrested at Orangeville for shooting hawks and rabbits. They were fined \$15 each.

Aunt Sally's Advice to Beauty Seekers

K. C. F. says: "My skin becomes so greasy every summer, and this so attracts dust and dirt that I have an awful time keeping my face clean looking. Can you suggest anything?" The method mentioned in reply to Eloise will overcome this condition.

D. N. A. writes: "How can I get rid of crow's feet and wrinkles about the mouth corners?" Use a wash lotion prepared by dissolving 1 oz. powdered salicylic acid in 1/2 pt. witch hazel. This tightens the skin, tending to disperse wrinkles, and its tonic effect is more than temporary.

Eloise says: "My freckles are worse than ever this year, made doubly conspicuous by a pallid complexion. Is there any cure?" Ask your druggist for an ounce of mercurized wax, apply nightly like cold cream, removing in the morning with warm water. As the wax gradually and harmlessly absorbs the affected cuticle, not only will the freckles vanish, but the new and younger skin which appears will have a healthy color. Probably you will need to continue treatment a week or more.—Woman's Realm. (Advertisement.)

PHONE SUBSCRIBERS ARE GIVEN ADVICE

An official of the Mountain States Telephone and Telegraph company has issued the following advice to subscribers, who may be the victims of inefficiency or incompetency on the part of operators:

"We have a system of marking in the operating room, in the shape of merits and demerits. When operators ring up the wrong telephone in making connection in response to a call, the party called up calls 'Hello.' There is, of course, no reply; but the operator sees she has made a break, and to 'save face' and escape a demerit mark, quickly answers, 'The party calling has left the line.' The thing for the subscriber to do is to immediately call up the chief operator and state the fact. The mistake will then be properly attended to. The same should be done when an operator cuts one off in the midst of a conversation, as sometimes happens. It is only by reporting these breaks that we can work effectively to improve the service.

TO ARBITRATE DEMANDS

Butte, Mont., Aug. 19.—President M. M. Donohue of the Montana Federation of Labor, announced last night that the arbitration committee had decided to recommend arbitration of the linemen's demands, the men to return to work pending arbitration, should the companies agree to arbitration. Committees will wait upon the operators' committee tomorrow night.

SIDEWALKS TO BE BUILT BY THE CITY

In response to a communication from the Ogden Garbage company, asking for a contract with the city for the handling of the city's rubbish, Commissioner J. C. Nye of the street department last night reported that his department had arranged rubbish cans and other means of taking care of garbage which makes it unnecessary to hire it done.

On the recommendation of Mayor A. G. Fell, J. C. Jensen was employed to represent the city at the South Fork dam operations at a salary of \$100 a month. Mr. Jensen will act as timekeeper.

City Auditor Van Dyke reported that he had not audited the last estimate of work done at Cobble Creek submitted by the Ogden River Reservoir company as he observed seeming discrepancies in some of the items. He stated that the items in the estimate were rather irregular and that not all of the invoices accompanied the account. The matter was referred to the superintendent of finance and public affairs for consideration. The work was done under Parker. The J. P. O'Neill Construction company was awarded the contract for the building of sewer district 117 at \$3449 and sidewalk district 120 at \$3733.55.

The commissioners authorized the city recorder to immediately advise companies having poles in the center of Twenty-seventh street, east of Jefferson avenue, that the poles must be removed. The city will have the Ogden Rapid Transit company build its Twenty-seventh street extensions in the center of the street so as to make the thoroughfare more uniform. The order was issued at the instigation and request of Manager P. D. Kline of the Ogden Rapid Transit company.

The following claims were allowed and the auditor instructed to draw warrants for the several amounts:

County treasurer for collecting taxes \$3,803.53
Moran Contracting company 315.53
Street labor 1,433.55
Street sprinkling 750.00
Miscellaneous 114.56

The matter of remitting interest on a certain special tax levy, that is delinquent, to W. J. Wright was given to the superintendent of public affairs and finance for consideration, as was also the application of Reuben Belpair for a refund on a milk license which he had not fully exercised.

There being no protests, the city engineer was authorized to advertise for bids for the building of curb and gutter on Monroe avenue, between Twenty-first and Twenty-second streets.

Resolutions for sidewalk paving on Second street, from Washington to Wall avenue, in Ogden, and from Seventh to Eighth streets, were passed.

GETS NO WORK ATTEMPTS SUICIDE

New York, Aug. 18.—"I've tried to get work, but there was no way out except disgrace. I want to die. A poor girl can't be good in New York," said Elizabeth Heath, an eighteen-year-old orphan, as she swallowed poison in view of a crowd in Stuyvesant park tonight. She was rushed to a nearby hospital, where it was said she had a chance for life.

The girl said her mother died in San Francisco last March. Then Miss Heath gathered together her small resources and came to New York, reaching here about a month ago. She tried to find employment, but was unsuccessful. She finally was without money to pay for her lodging.

Then she went into a city park and ate scraps left by picnickers, and slept under the trees at night. She washed her linen in the lakes.

On her courage was pinned a note reading:

"It was bad enough before, but then I could walk. Now I can't even look for work." She explained that by this she meant that she was too footsore to seek employment.

The hospital physicians promised to find work for the girl if she recovered.

SAYS FRUIT GROWERS GET GOOD PRICES

The Colorado producers have already begun to get good prices for their apricots and plums and the outlook seems bright for an excellent market for Intermountain fruitgrowers, according to Weldon Hammond, president and manager of the North Fork Fruitgrowers association at Paonia, Colo. Mr. Hammond arrived in Salt Lake yesterday to review the Utah situation and visit his old friend, W. H. Garvin, manager of the Utah Fruitgrowers association. He and Mr. Garvin plan to spend several days in taking in the various local amusements and resorts.

DAVID R. LYON TO HEAD ENSIGN WARD

Salt Lake, Aug. 19.—The first meeting of the members of the Ensign ward was held yesterday evening in the Twentieth ward meeting house, at which the name of the new ward was definitely decided and David R. Lyon was chosen bishop. There was a good attendance at the meeting and the organization was perfected in its details. David R. Lyon was until Sunday night bishop of the Twentieth ward, his office then terminating on account of his residence outside of the new confines of the ward. C. Clarence Nelson was chosen to succeed him.

Henry J. Halton was chosen as first counselor to Bishop Lyon and Willard R. Smith was chosen second counselor. Mr. Halton was not present at the meeting as he is now returning from a trip to England, where he went to visit his mother, and will not be here until the last of this week. Willard R. Smith is connected with Zion's Savings bank. He is a son of President Joseph F. Smith of the Mormon church.

Ensign chapel will be built at Ninth avenue and D street, where the ward already owns a corner, ten rods square. Just what the new building will be was not decided last night, but the consensus of opinion was that the plans would be prepared and the building started as soon as possible, in the meantime services will be held

in the Latter-Day Saints hospital chapel, beginning there at 6:45 o'clock Sunday evening. Sunday school will be held at the home of Bishop Lyon, at the corner of Ninth avenue and E street, beginning at 10 o'clock Sunday forenoon.

Elder Anton H. Lund of the first presidency of the church was present at the meeting last evening, and set apart Bishop Lyon for the work of the ward. Second Counselor Smith was set apart for his work by R. W. Young, president of the Ensign stake.

SPECIAL SESSION OF LEGISLATURE

The amendment to the constitution of the United States, providing for the election of United States senators by popular vote, is still causing much speculation among constitutional lawyers and politicians. This especially applies to those states which voted against the amendment and have made no provisions to comply with its terms of which Utah is one.

Attorney General A. R. Barnes gave it as his opinion yesterday that if no special session of the legislature is called preceding the election in November, 1914, to revise the election machinery of the state to conform to the amendment, so that a senator may be chosen by the people in that year that legislature, which meets in January, 1915, could provide for the holding of an election for senators in 1916 and empower the governor to appoint a senator in the meantime. Attorney General Barnes bases his opinion upon the following provision of the constitutional amendment which provides for the election of senators by the people:

"Provided: That the legislature of any state may empower the executive thereof to make temporary appointments until the people fill the vacancies by election as the legislature may direct."

Four-Year Term. Attorney General Barnes added, however, that if the legislature should take such action the senator elected in 1916 could only be elected for a term of four years, in order to avoid the possibility of the terms of both senators expiring at the same time.

Asked as to whether or not the legislature could entirely ignore the constitutional amendment, Mr. Barnes said that he believed it could, but that by doing so it would rob the state of the representation to which it was entitled in the United States senate, as there would then be no possible way of securing such representation, under the provisions of the amendment.

Mr. Barnes, at the same time, reiterated a statement which he made to The Tribune on August 4, to the effect that it would be impossible to elect a senator in Utah to succeed Reed Smoot without action being taken by the legislature.

Judge William H. King, former congressman from Utah, takes an opposite view to that expressed by Attorney General Barnes. Judge King said last night:

"In construing a constitutional provision, as well as a statute, it is important to ascertain the object sought to be accomplished by the provision or the enactment. There can be no controversy as to the reasons calling for the amendment to the federal constitution, which provides for the election of senators by direct vote of the people.

The amendment referred to contemplates, if it does not positively require, that the states shall enact such laws as will enable the electors therein to elect senators. The electors in each state shall have the qualifications requisite for electors of the most numerous branch of the state legislature. There can be no question but that it is the duty of each state to immediately enact such laws as will give effect to this constitutional amendment.

"The great reform demanded by the people should be made effective at the earliest possible moment. The legislature of this state should be convened in special session in order to provide election laws to meet the requirements of this amendment to the constitution.

"If legislation of the character referred to is not enacted until the next regular session of the state legislature, then there can be no senator chosen next year, and a vacancy would exist. It is very doubtful

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whether such a vacancy could be filled by the executive of the state, even though the legislature should even pass a law authorizing him to do so. I am aware that the amendment in question contains a proviso to the effect that the legislature of any state may empower the executive thereof to make temporary appointments until the people fill the vacancies by election as the legislature may direct; but it seems clear that under this proviso it was not intended to authorize the governor of a state to do that which the people should do.

"It would not be a 'temporary appointment'—if the state legislature should refuse to do what the constitution requires it to do, and then seek to secure senatorial representation by empowering the governor to do what the people must do.

"It would be a palpable evasion of the constitution if the executives of the states should refuse to convene the legislatures in order to provide the necessary election machinery to secure the election of senators by direct vote and it certainly would be in contravention of the amendment if no special session were called, and at the next regular session of the legislature of this state a law were passed which postponed the election of a senator for two years. Nor

would the vice of this course be cured by attempting to confer upon the governor the power to appoint a senator until such election was held.

"If this course should be followed, it would probably result in Utah being deprived of one senator for a period of two years.

"If the legislature could postpone for two years the election by direct vote, why could it not postpone for four years or ten years? In that event—if the power rested with the state executive to appoint senators—upon the theory that 'vacancies' were being filled, it could be exercised indefinitely, and thus the constitutional amendment would be nullified."

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